



## Woolwich Wild Hockey Equipment Checklist

### What does my daughter need to play?

Full hockey gear, along with a mouth guard, is required. Players will not be permitted on the ice if they are not wearing all required protective gear, including properly fastened CSA approved helmets and facemasks, mouth guards and BNQ approved throat protectors.

### Are there colour requirements for the equipment?

Red helmets (with the exception of goalie masks) and red pants are mandatory for girls playing for our representative teams. Therefore, we suggest you purchase these items in red if you are buying new equipment.

Purchasing red helmets and pants is also a good idea for girls playing Local League. Red matches our team colours and it could also make any transition to Rep less costly if your daughter plays Rep in the future!

### Equipment Checklist

- CSA Approved Helmet and Facemask
- Mouth Guard
  - Custom fitted, or store bought and fitted at home. (*A store bought mouth guard must have a tether to attach it to the facemask.*)
  - Must be coloured (i.e. it cannot be clear).
  - Each fall there is typically a mouth guard clinic offered at RIM Park where a custom fitted mouth guard can be purchased at cost. Watch our website for information on the date of this clinic.
  - A mouth guard is not a requirement, however, it is strongly recommended by the OWHA and WGMHA that every player participating in a game or practice shall, at all times while engaged in play or practices, practice drills or scrimmages on the ice surface, wear an intra-oral mouth guard.
- BNQ Approved Throat Protector
- Moisture Wicking Apparel \*
- Practice Jersey
- Shoulder Pads (Chest Protector)
- Elbow Pads
- Hockey Gloves
- Hockey Stick
- Hockey Tape
- Pelvic Protector
  - 'Jill' – girl's version of a Jock Protector

- Hockey Pants
- Shin Guards
- Hockey Socks
  - Woolwich Wild hockey socks are mandatory for rep team players; optional for Local League players.
  - Woolwich Wild hockey socks can be ordered individually or for a team from our spirit wear supplier, PK Sportswear.
- Hockey Skates
- Laces
- Name Bar
  - Mandatory for rep team players; optional for Local League players.
  - Woolwich Wild name bars will be made available to teams through the Association. Watch for information regarding this.
- Skate Guards \*
- Water bottle \*

*\*Optional*